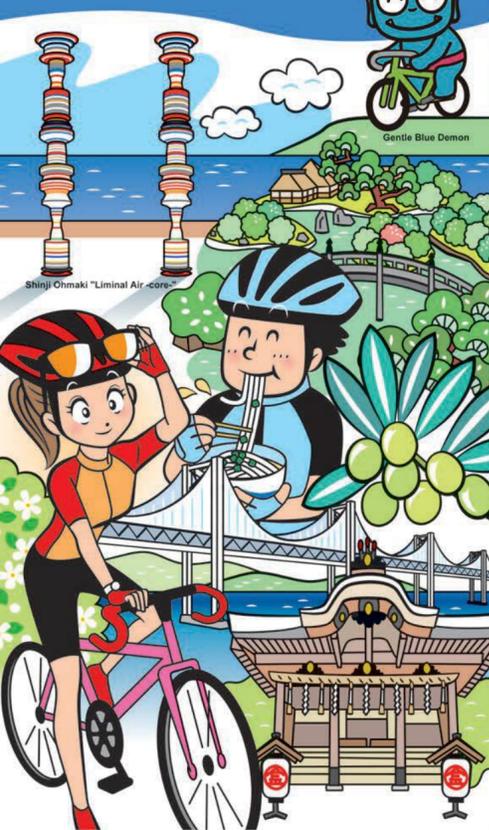


# KAGAWA Cycling Map



## KAGAWA Cycling Five Reasons

- Little rain, warm climate**
- Plenty of flats, gentle slopes**
- Ride a little way to see fabulous views!**
- There's lots to see packed into Japan's smallest prefecture!**
- Carbo-load with Sanuki udon noodles**

## All of Kagawa's good food in one place! Food & Sweets

<p><b>Michi-no-eki Toyohama Ocean Diner</b></p> <p>MAP A-6 ☎ 0875-56-3655 ○ 8:30 am - 3:00 pm (Closed: Mon)</p> <p><b>BAKE STUDIO OKAZAKI</b></p> <p>MAP A-5 ☎ 0875-23-6921 ○ 8:00 am - 8:00 pm (Closed: Irregular)</p> <p><b>Café Fusha-no-oka (Windmill Hill)</b></p> <p>MAP B-4 ☎ 0877-32-0368 ○ 8:30 am - Sunset (Closed: Thu and 3rd Fri)</p> <p><b>Kaikosha Cafe</b></p> <p>MAP B-3 ☎ 0877-62-4906 ○ 8:30 am - 5:00 pm (Closed: New Years)</p>	<p><b>cafe HALEMA'UMA'U</b></p> <p>MAP C-5 ☎ 0877-89-3338 ○ Weekday 10:00 am - 5:00 pm Sat/12:00 pm - 5:00 pm (Closed: Sun and Hol)</p> <p><b>Guest House ZouZu</b></p> <p>MAP C-5 ☎ 0877-89-5514 ○ 11:00 am - 8:00 pm (Closed: None)</p> <p><b>Mendokoro Wataya Marugame</b></p> <p>MAP B-4 ☎ 0877-21-1955 ○ 8:30 am - 2:00 pm (Closed: Sun) (other) Seats 130</p> <p><b>Utazu Umi Hotaru</b></p> <p>MAP B-3 ☎ 0877-49-0860 ○ 9:00 am - 9:00 pm (Closed: Mon [open if a public holiday, and closed the following day])</p>	<p><b>Uminosachi Fureai Market</b></p> <p>MAP C-3 ☎ 0877-46-1311 ○ 9:00 am - 3:30 pm (Closed: Wed)</p> <p><b>Michi-no-eki Takinomiya</b></p> <p>MAP C-4 ☎ 087-876-5018 ○ 8:30 am - 5:00 pm (Closed: 1st and 3rd Tue)</p> <p><b>Michi-no-eki Genpei-no-sato Mure Jakoya Seafood Diner</b></p> <p>MAP F-3 ☎ 087-845-6080 ○ 8:30 am - 2:00 pm (until 3:00 pm on Sat, Sun and Hol) (Closed: 1st and 3rd Tue)</p> <p><b>Rural Restaurant Donguri Korokoro</b></p> <p>MAP E-5 ☎ 087-899-1099 (Reservations) 090-9554-0282 ○ 10:30 am - 2:00 pm (Open only on Sundays, May be closed without notice)</p>	<p><b>Michi-no-eki Miroku Ranch Cafe Miroku</b></p> <p>MAP F-4 ☎ 0879-43-0550 ○ 9:00 am - 5:00 pm (Closed: Wed)</p> <p><b>Wasan-tei</b></p> <p>MAP H-4 ☎ 0879-33-2800 ○ 10:30 am - 1:30 pm (Sat, Sun, and Hol until 2:00 pm, Closed: Tues and New Years)</p> <p><b>Michi-no-eki Osaka Castle Stones Remains Memorial Park</b></p> <p>MAP F-1 ☎ 0879-65-2865 ○ 9:00 am - 5:00 pm (Closed: New Years) (Last Order: 4:30 pm, [Closed: None])</p> <p><b>24 Eyes Movie Studio Café Cinema Club</b></p> <p>MAP G-2 ☎ 0879-82-2455 ○ 8:30 am - 5:00 pm (Closed: None)</p>
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### Anyone can use it for free! KAGAWA Wi-Fi

**User benefits**

- Easy access to the Internet via smartphone or tablet
- Easy to get tourism info from "VISIT KAGAWA" website
- Means of communication at times of emergency

**Usage rules**

SSID: KAGAWA-WiFi Fee: Free  
Connection duration (per user)  
● Max 30 min. per access ● 8 accesses per day  
● Total 240 min. per day

For more details [KAGAWA Wi-Fi](#)

### Japan's Rules of the Road

Everyone can make this "a safe place for cycling"

Kagawa Prefecture is promoting safe cycling through the establishment of rules for safe bicycle use. Let's share the roads with cars, pedestrians, and other bicycles with mutual respect and understanding.

- In principle, bicycles should ride on the roads, and on sidewalks only when necessary.**
- Ride on the left side of the road.**
- Yield to pedestrians on sidewalks, veering towards the road.**
- Follow all safety rules.**
  - No cycling under the influence of alcohol, cycling with extra passengers, or parallel riding.
  - Use your lights from 30 minutes before sunset.
  - Stop and follow signals at intersections.
  - Don't use your phone while riding.
- Helmet Use**  
Helmets can save your life.

### Cycling Safety Information

Don't forget to do a check before you ride!

- Tires**  
Is there enough air? Any tears, holes, or deformities?
- Brakes**  
Check if they work and how strong they are.
- Light**  
Always use a front and back light at night and in low visibility. It's the law!
- Check each part**  
Anything loose or too tight?
- Chain**  
Is it overly dirty? Is there proper lubrication?
- Feel**  
After checking the bike's condition, check that you feel comfortable sitting on the bike.

**Things to Have**

- Hex key (Allen/Unbrako/zeta key)  
The most bike parts use a 4-6 mm hex key.
- Tire puncture repair kit
- Portable air pump
- Spare tube
- Bike key
- Bike bag
- Normal footwear (including sandals)  
When on the ferry or other public transportation, or when visiting sights, please change out of your cycling shoes.

### Cyclist Oasis

Providing cyclists with bike stands, air pumps, restrooms, and a place to rest.

**KOTOHIRA TRIP BASE -Kotori-**

**Spitz Bakery**

**Café Gosh**

### Things to do in Kagawa

Refresh your tired muscles! Soak away your fatigue at a hot spring

So exhilarating to ride with friends

Happiness shared is happiness multiplied!

**Kasuga Onsen**

**Gyokinoyu**

**Shioiri Onsen**

**Takarada-no-sato Takaminoyu**

**Sun Olive Onsen**

### Find your location / Map for smartphones

Use the offline map app Avenza Maps for a comfortable cycling trip!

How to download smartphone maps

- Download Avenza Maps
- Tap on Avenza Maps
- Tap on the in-app store
- Search for the "Cycling Map Around Kagawa Prefecture" in the app for free!

### Mechanical trouble

Bicycles with narrow tires are particularly vulnerable to punctures. If you know how to fix a puncture by yourself, you'll be able to go far!

**Bell**  
Ring your bell at warning signs and at places with poor visibility. Do not use your bell to tell pedestrians to get out of your way.

**Bike bag**  
Bicycles must be folded and placed into bike bags when travelling on public transportation. Please note, some bus and taxi companies may not accept bicycles even if they are placed in bike bags.

**Be considerate towards pedestrians and local residents**  
The roads are not a race track. Routes may take you through local residents' neighborhoods, so show your courtesy and slow down when traveling through villages and hamlets.

### A cycling trip that begins at Takamatsu Airport

The airport region is a cycling area. Takamatsu Airport is a haven for cyclists with its bicycle stands, tools and air pumps, and change rooms!

Bright and welcoming change rooms

Udon noodle broth comes out the tap!

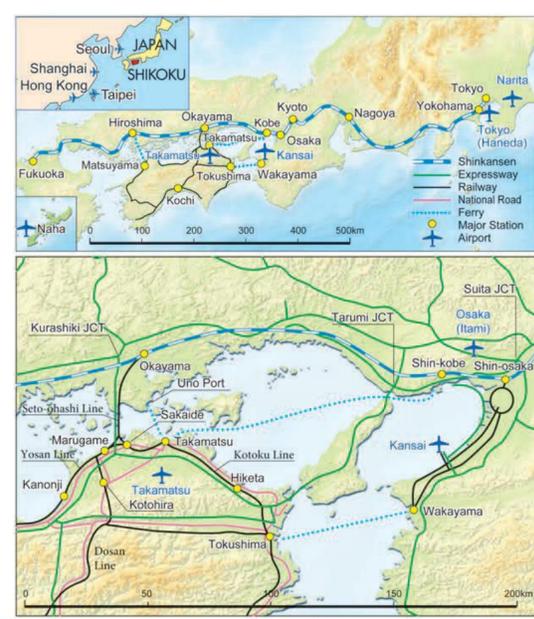
### Be careful of sharp curves and accidents!

Kagawa prefecture has many tight curves and narrow roads, especially in the mountains and on the peninsula.

To prevent head-on collisions, please reduce your speed when visibility is poor or along curves with blue lines painted on the roadside.

### Please get bicycle insurance!

- The number of cases involving high liability sums for traffic accidents is increasing.
- Just in case, get bicycle insurance that covers accident liability.



Airplane	
Seoul	Air Seoul 1:40
Shanghai	Spring Airlines 2:00
Taipei	China Airlines 2:40
Hong Kong	HK Express 3:40
Narita	Jet Star Japan 1:20
Haneda	ANA-JAL 1:20
Naha	ANA 1:50

Railway	
Tokyo	Shinkansen/Marine Line 4:25
Shin-osaka	Shinkansen/Marine Line 2:00
Hiroshima	Shinkansen/Marine Line 2:00
Okayama	Maine Line 1:00
	Li Exp Shikoku/Nampo 1:00
	Marine Line/Li Exp Utsunomiya 2:00

Car	
Suita JCT	205km
Tanumi JCT	137km
Kurashiki JCT	68km
	0.50

Ferry	
Kobe Port	Jumbo Ferry 1:30
Uno Port	Shikoku Ferry 1:05

### Cyclist Oasis

Food, sweets, and more  
Bathing facility  
Shopping  
Wi-Fi  
AED  
Mechanic  
Operating hours and holidays can change. Contact each store in advance for details.

Kanonji City	Toyohama Lawson Toyohama-cho Branch	A-6
	Kuma Kitchen	A-6
	Kotohiki	A-6
	Marunaka Hachiman Branch	A-5
	Kissa Hana	A-6
	Rest House Poire	A-5
	Cyco Vita	A-5
	cafe de flats	A-5
	Chichibughama Beach Swimming Facilities	A-5
	Oi Onsen	A-5
	Nio Marina	A-4
	Hakura Visitor's House	A-4
	Marine Wave	A-5
	Spitz Bakery	A-5
	Fureai Park Mino	B-4
	Ramen Hamando	B-5
	Max Value Takase	B-5
	Family Mart Takase-ninomiya	B-5
	Takarada-no-sato Saita	B-6
	Art Cafe Shimizu Onsen	B-4
	Kachusha	B-4
	Manugame Paper Fan Museum	B-4
	Kobito-no-seichi Utazu-rinkai Park	B-3
	Seto Onashi Bridge Commemorative Park	C-3
	Sakaide Green Buffer Zone (Bannosu Park)	C-3
	Sakaide Salt Industry Museum	C-3
	Cafe Gosh	C-3
	Kyukamura Sanuki Goshikidai	C-3
	Kyukamura Sanuki Goshikidai	C-3
	Shiromine Park Center	C-3
	Takinomiya	C-4
	Takayama Koku Aviation Park	D-5



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Manno Town	Soranoyume Mominoki Park	C-5
Kotohira City	KOTOHIRA TRIP BASE-Kotori-	C-5
Zentsuji City	Zentsuji City Tourism Exchange Center	B-4
	Madangan Oshaberi Hiroba	B-4
Takamatsu City	Kagawa Sport Park	D-3
	Udon - Hisaeda	D-3
	Takamatsu Keirin	E-3
	Triathlon Shop Demoto	E-3
	Dannoura Marina	E-3
	Aji Tourism Exchange Center	E-3
	Taiko no Hana Auto Campsite	F-3
	Genpei-no-sato Mure	F-3
	Natural Hot Spring Kirara	E-5
	Shofu Hot Spring Kirara	D-4
	Konotaki Waterfall Campground	E-5
	Akashi Cycle	F-4
	Tsuda-no-matsubara	F-4
	Miroku	F-5
	Okuboji	F-5
	Nagao	F-5
	Vessel Ochi	G-4
	Sanshu Sanukiya	G-4
	Udon Gensho Minato	G-4
	Y shop Shirotori Okada	G-4
	Gomyo Community Center	F-5
	Shirotori Zoo	H-4
	Marutatsu Udon	H-4
	Adoike	H-4
	Oike Auto Campsite	H-4
	Maruchan Udon	H-4
	Sanshu Izutsu Residence	H-4
	Aioi Furusato-an	H-4
	Tonsho Port Cycling Station	F-2
	405 CAFE	F-2
	Tonsho Port - Kanko Center	F-2
	Angel Road Park	F-2
	Tonsho Town Hall	F-2
	Setonouchi "Shimameshiya"	F-2
	Togata Community Center (Maeshima)	E-2
	Osaka Castle Stones Remains Memorial Park	F-1
	Obe Port	G-1
	Tainohama Campground	G-1
	Kofu Campground	G-1
	Fukuda Port	G-1
	Sakate Port	G-2
	Shodoshima Furusatomura	F-2
	Shodoshima Olive Park	G-2
	24 Eyes Movie Studio	G-2
	Shodoshima Olive Garden	G-2
	Ikedda Port	F-2
	Summit Station	G-1
	Koun Station	G-1
	Marukin Soy Sauce Museum	G-2
	Itokuan	G-2
	Inoue Seiko-en	F-2
	Yoshida and Bouquet	G-1
	Yoshida Campground	G-1
	OLIVE NAVI SHODOSHIMA	G-2
	FUKUTAKE HOUSE-ASIA ART PLATF...	G-2
	Hut with the Arc Wall	G-2
	MINIRI GELATO	F-2
	Shakagahana Park	F-1
	Nakayama Community Center	F-1
	Toyo Olive	F-2



#### About AEDs

AEDs will guide user with sound and pictures, so follow the directions to operate. They are safe and simple to use.

- Turn on the power (some models will turn on when you open the cover).
- Attach the electric shock pads.
- If the machine says a shock is necessary, the electric shock will commence.

#### Follow the guide to operate.

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### Use local routes and get the most out of Kagawa prefecture!

Check the cycling maps for each area!

Have fun on optional routes too!

Use local routes and get the most out of Kagawa prefecture!

- Takamatsu Route**: Goshikidai, Chusan Route, Mt. Shiyudayama, Seisan Route, Honenike Dam
- Shodoshima Route**: Yashima, Aji Peninsula, Ogushi Peninsula, Tosan Route
- Chusan Route**: Lake Fuchu
- Seisan Route**: Flower Park Urashima
- Takamatsu Route**: Gasorin Michi (From Shiroto to Bushozan in Takamatsu)
- Tosan Route**: Temple 88 - Okuboji