



Shikoku Access Map

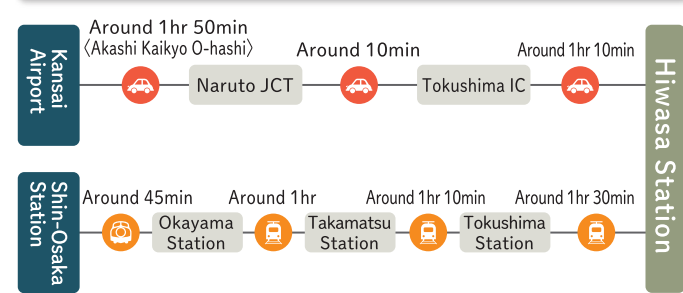
Shikoku the journey with in.
You will have a special time in the countryside of Shikoku.
Shikoku the journey within.

Let's go all the way for an exclusive experience!

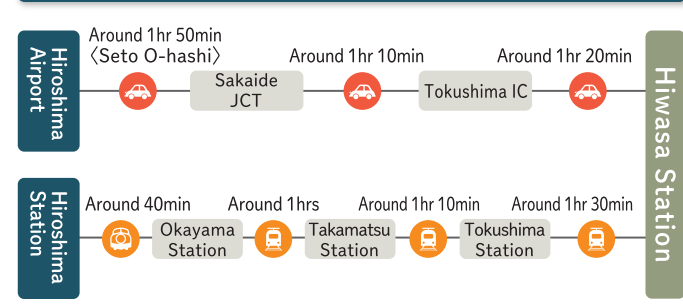
Access to South Awa

Shinkansen bullet train
 Train
 Bus or rent-a-car

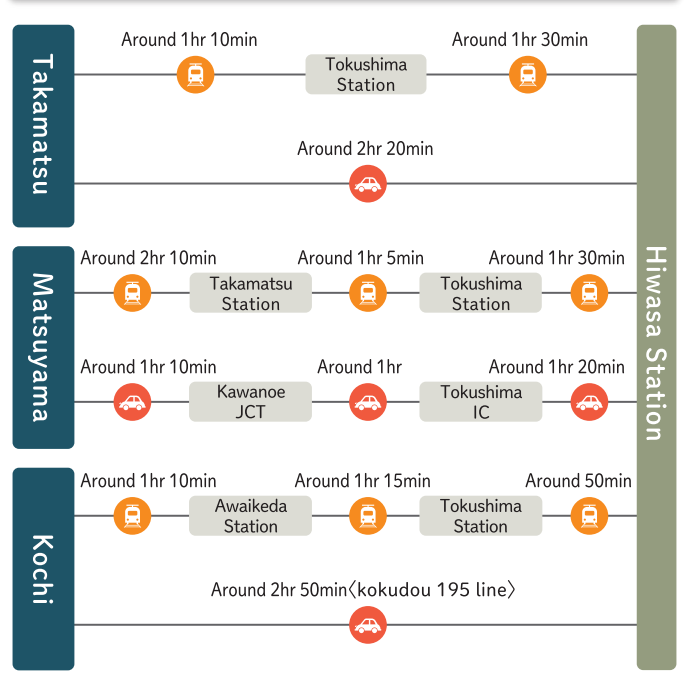
from Osaka



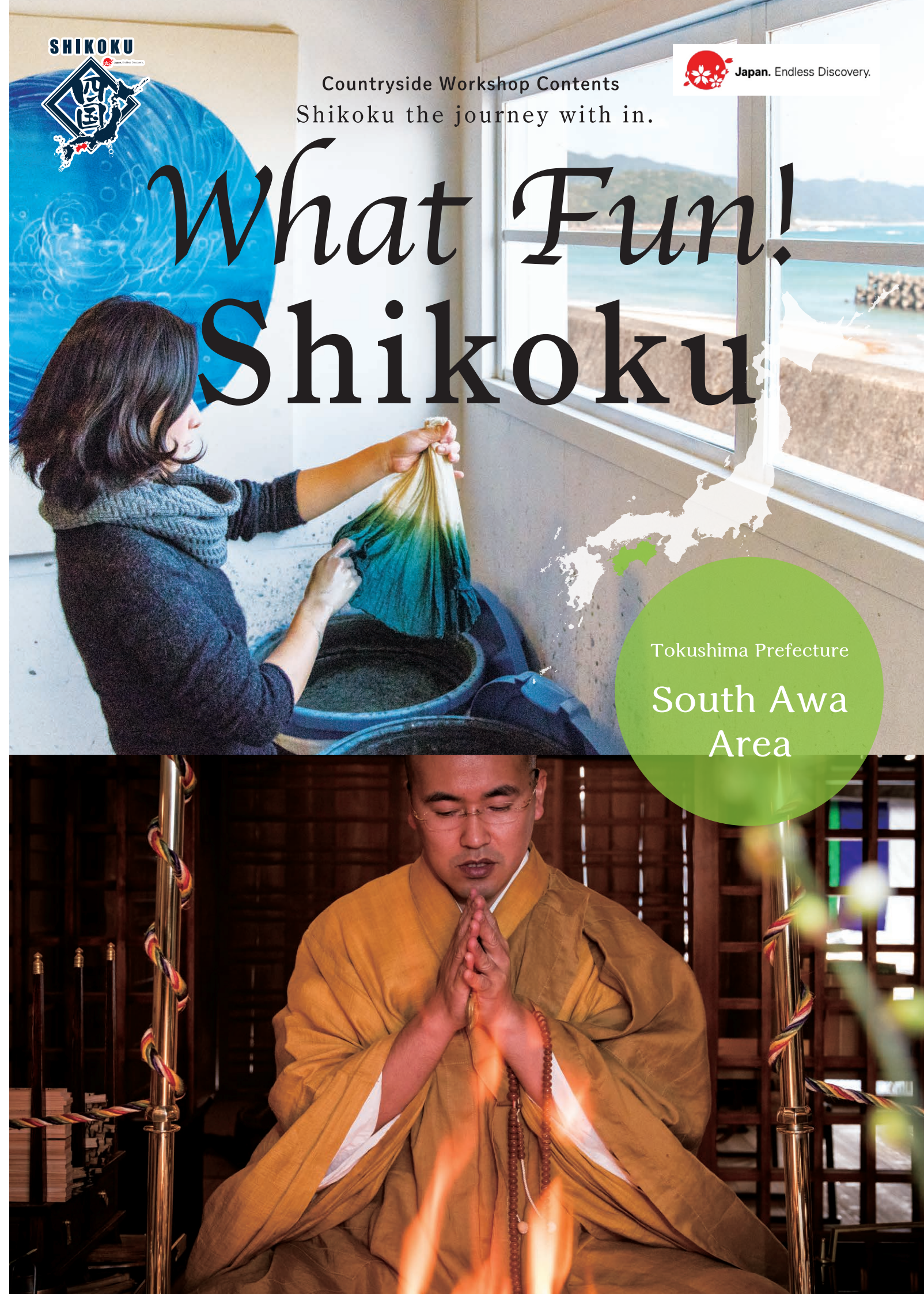
from Hiroshima



from various place in shikoku



Inquiries/Application



Countryside Workshop Contents
Shikoku the journey with in.

What Fun! Shikoku

Tokushima Prefecture
South Awa Area



Countrywide Workshop Contents
Shikoku the journey with in.

What Fun! Shikoku

Tokushima
Prefecture
South Awa
Area



つるぎ町

Mimashi City

三好市

Naka Town

Kamiyama Town

Sangochi Village

Tokushima City

Katsuura Town

Kamikatsu Town

Anan City

Anan

Awa Tachibana

02

03

07

Kuwano

55

Niino

Yuki

Minami Town

01

04

Hiwasa

Yamagawachi

Mugi Town

Mori-no-Taki

Asakawa

Kaifu

Shishikui

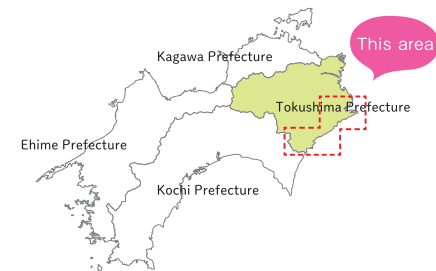
Kanoura

Kaiyo Town

Kochi Prefecture



South Awa
Area Map



This area



Sea-kayaking



Yakuouji Temple

Embrace the magnificent view
created by Shikoku's abundant nature!

Todoroki Falls

Todoroki falls is the tallest waterfalls in Shikoku and also one of Japan's top 100 waterfalls. Along the other smaller waterfalls surrounding all around the area, they are jointly referred to as the [99 Todoroki Falls]. Both Todoroki Temple and Ryuouji Temple are enshrined in the same area - making the place not only beautiful, but also spiritual. And a leisurely 2-hour return walk leading to the highest Todoroki Falls - Nabewan Falls - a 59-meter fall, is definitely recommended!

[Access] ·Get off at [Awa Kainan Station] from a JR Mugi line train → Ride the city bus to [Todoroki Temple] → 10 minute walk from bus stop
·3 hours by car from Tokushima Interchange

01

Minami
Town

MYSTERIOUS YAKUOUJI TEMPLE VISIT EXPERIENCE

A special, spiritual cleansing tour with the head monk of the mysterious Yakuouji Temple.

金 ¥500 施 Yakuouji Temple
住 285-1, Azatera-mae, Okugawa-uchi, Minami-cho
U <http://yakuouji.net/>
予 Tel: 0884-77-0023 定 20 people
営 Whole-year 時 9:00-16:00 休 none 験 30 minutes
他 We can provide English pamphlets and sign boards – for other languages, may need to provide a translator.



04

Minami
Town

SEA TURTLE EXPERIENCE

Learn more about these adorable sea turtles at Japan's one and only sea turtle museum, Caretta.

金 ¥1,836 (with tax, excluding insurance)
施 Sea Turtle Museum [Caretta]
住 Hiwasa-ura, Minami-cho, Kaifu-gun,
Tokushima-ken 779-2304
U <http://caretta-hiwasa.com/>
最 10 person
定 30 people
予 South Awa Workshop Association
email: yokubari@minamiawa.info
営 Tuesday-Sunday
時 9:00-17:00
休 Monday December 29-December 31 closed
他 Translator might be required



02

Anan City

SHIKOKU'S OLDEST PILGRIMAGE WALKING ROAD [KAMO MICH]

Trekking on Shikoku's oldest pilgrimage to one of the 88 Shikoku Pilgrimages, Tairyuji Temple. Enjoy the serene scenery, the lush forest and blue skies and feel your mind and spirit in harmony with nature.

金 ¥5,000 for 1 pilgrim guide 施 Kamodani Pilgrimage Road Preservation Association
住 285-1, Azatera-mae, Okugawa-uchi, Minami-cho
予 Email: tomoaki-451@ma.pikara.ne.jp
最 1 person 定 1-40 people 営 Whole-year 時 8:00-17:00 休 none 験 3 hours
他 Trekking will be cancelled if it rains. 1 guide will be available for every 1-15 guests.
Translator might be required



03

Anan City

FIRE CEREMONY EXPERIENCE

Experience the mystical fire ceremony at the 22nd Shikoku Pilgrim Temple, Byodoji Temple.

A special, spiritual experience on where ones gets to experience Japanese Buddhism at its finest.

金 ¥10,000 for each fire ceremony, ¥2,000/ person for buddhist priest robe
施 Byodoji Temple
住 177, Akiyama, Aratano-cho, Anan-shi, Tokushima-ken
U www.byodoji.jp
予 Email: shikoku22@byodoji.jp
最 1 person 定 1-40 people
営 Whole-year 時 8:00-17:00 休 none 験 3 hours
他 Translator might be required



05

Kaiyo
Town

ISE SHRIMP COOKING WORKSHOP

Using fresh Ise shrimps, make sashimi, miso soup and other seafood dishes!

金 ¥4,212 (with tax, insurance excluded)
施 Shishikui Fishing Association
住 1-2, Masakaji, Shishikui-ura, Ka-hyo-cho,
Kaifu-gun, Tokushima-ken
U <https://ja-jp.facebook.com/shinshikuigyoko/>
予 South Awa Workshop Association email: yokubari@minamiawa.info
最 20 people 定 80 people
営 Sunday – Friday (September 16 – May 14)
時 9:00-17:00
休 Saturdays and December 29-January 3
他 Translator might be required





06 Mug
Town

TOKOROTEN-MAKING WORKSHOP AT TEBAJIMA Plus a guided tour around town.

Make delicious tokoroten using fresh agar-agar as the base. Pair with soy sauce, black honey, sugar, ponzu sauce, and a splash of dashi and you'll have yourself some delicious torokoten.

金 ¥2,484 for tokoroten, ¥1,728 for guided tour, ¥440 for round-trip ferry
(August 1 – September 30 ¥460 for round-trip ferry)
施 Mugicho Tebajima Island
住 Tebajima, Mugiuira, Mugicho, Kaifugun, 775-0013
U <http://www.town.tokushima-mugi.lg.jp/docs/2012021500122/>
予 email: yokubari@minamiawa.info
最 10 person
定 30 people
予 South Awa Workshop Association email: yokubari@minamiawa.info
営 consult with facility 時 consult with facility 験 consult with facility
他 Translator might be required

07 Anan City

EXPERIENCE KAYAKING AND YACHT-SAILING TO A SECRET ISLAND Head towards the entry waves to the Pacific Ocean!

It only takes approximately 800 meters from the YMCA international center to 「Secret Island」. And on your way there is when the fun begins!

金 ¥7,020 for overnight and ¥6,700 for one-day trip
施 YMCA Anan City International Center
住 Nabae, Tsubaki-cho, Anan-shi, Tokushima-ken
U <http://www.osakaymca.jp/anant/>
予 Tel: 0884-33-1221 (Japanese only)
最 15 people
定 consult with facility
営 May to mid-September
時 10:00 ~ and 13:30 ~
休 none 験 2-3 hors
他 Translator might be required.

08 Kaiyo
Tonw

IN BETWEEN BLUES INDIGO-DYEING WORKSHOP

Using organic hemp cotton, you can dye your very own cloth, t-shirts, etc. And while waiting for it to dry off, relax, have some scones and tea and enjoy the view!

金 Starting from ¥5,400 ~
施 In Between Blues
住 216-3 Matsubara, Shishikui Ura, Kaiyo-cho, Kaifu-gun, Tokushima-ken
U <http://inbetweenblues.jp>
予 email: inbetweenblues@gmail.com
最 1 person
定 10 people
時 11:00 ~ 17:00
休 Tuesday
験 1 hour
他 Can provide English-speaking guide



Model Course

JOURNEY WITHIN SHIKOKU 5D4N

